

Dear Friend,

Maybe it's the crisp autumn air or those colorful leaves, but there's just something about this time of year that inspires me to bake.

I remember the muffins we'd make when friends came to visit. After a



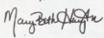
morning outdoors enjoying autumn's splendor, the sweet aroma of the treats baking in the oven was a joy to return home to. We could hardly wait to take that first, yummy bite.

These are the memories that last a lifetime.

And it's the home-baked goodness that is the inspiration for the Post Selects* line of cereals.

In this issue of *Homemade*, we're serving up great ideas from the kitchen for a fun-filled fall...from guest-pleasing tips to a tasty muffin recipe. Enjoy!

Sincerely,





Mary Beth Harrington, Post Selects® Kitchens

P.S. To thank you again for choosing Post Selects* line of cereals, we've enclosed a money-saving coupon. Pick up a freshly baked box** today!















All varieties may not be available at all our store location

